

JAGRUTI SEVA SANSTHA

HIGHLIGHTS OF ANNUAL ACTIVITY REPORT 2018-19

We are pleased to place the activity report 2018-19 to our donors and well-wishers. Jagruti had a busy year having added a few new activities to our basic thrust areas of Support Education, Community Health and Vocational Training. We could enhance our activities due to support of our donors and are extremely grateful to them.

This year we have received substantial support from under mentioned donors.

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| - Friends of Jagruti-Canada | SVP Philanthropy Foundation Pune Chapter |
| Persistent Foundation | Fanuc India Pvt. Ltd. |
| Desai Brothers Ltd. | Raojibhai Desai Public Charitable Trust |
| Vishwas Kale | |

The Community Center at Janwadi, Pune is ever the beehive of activity. Support Education for students and Preprimary Education have been our important activities. Day Care Center is running to its full capacity of forty children. There is a waiting list. We are trying to find another community hall in the vicinity for starting another Day Care Centre. This is an important activity where we take complete care of children from age one to seven years when their parents are away at work mainly on construction sites. It is gratifying to see the progress of children both in terms of academic performance and health. All children have advanced to higher grades and SSC result is 100%. Nutrition and medical care provided to them has yielded positive results in terms of attendance, attentiveness and reduction in anemia percentage.

Presently thirty-six girls are staying with us. They came mainly from families of poor farmers. Jagruti is helping them to fulfill their dreams of achieving higher education. They call Jagruti 'Home Away from Home'.

Arogya Sathi (Health Facilitators) vocational training program is well established and besides low income communities in Pune we are also conducting outreach programs in many rural areas. Health Care activities are well managed by Dr. Sunita Soman, M.D. along with doctors Dr. Mangala Telang, M.B.B.S.,D.A. and Dr. Madhuri Joshi, M.B.B.S. Every day about seventy-ninety people visit the clinic. Family planning and immunization are also other thrust areas.

Friends of Jagruti, Canada and Barbara Young as usual are helping Jagruti by organizing innovative fund raising activities. This year a very colourful and interesting cookery book was published containing Indian and Continental recipes contributed by Canadian and Indian friends. Sale proceeds were donated to Jagruti. Vinita Deshmukh, renowned journalist and health food expert appreciated the book.

We are collaborating with other NGO's and non-profit organizations. This collaboration is multidimensional which addresses various social issues in respect of education and health care.

The activities are running smoothly due to concerted efforts of Mangala Patil, Rekha Bidkar and their team members. We are happy to inform you that Mangala Patil received 'Pushpalata Ranade Mahila Award' for her community work.

We are grateful to our supporters for their continuing support and assure them that we will strive to do even better.

***Support Education and Self Development Program
For Slum Children***

No. of beneficiaries in the year: 180 No.:

Jagruti endeavors to arrest school dropouts by running support education classes. It also conducts programs for all round development of these children so as to imbibe in them good values, habits and develop their skills.

Students performed well in school and board exams. Corporation schools have conveyed special thank to Jagruti teachers and volunteers who have taught subjects like Mathematics, Science & English with innovative methods. We provide well-equipped library and study room facility. Special efforts are made to improve written and spoken English skills. They are provided with a daily nourishing snack and are given assistance to buy educational material and if needed to pay their fees as well. The tenth standard students were given an English dictionary, a compass box and a set of question papers.

Children who pass SSC/HSC exam with good marks and show interest in studies are given full educational support for higher studies with financial help received from philanthropic people. Their progress is continuously monitored and their difficulties regarding education, accommodation, family problems are looked into and are sorted out. Presently thirty-six girls and eighteen boys receive help under the program. They are pursuing education in commerce, engineering and medical colleges.

Various presentations and discussions were arranged on the topics related to superstitions, women's rights, gender bias, population growth, environment etc. Hobby classes were conducted during school vacations. Children very enthusiastically took part in the activity.

i) Trupti, Komal, Sheetal, Akshay, Rajesh have satisfactorily completed their MBBS medical course at B.J. Medical College, Pune. They also come to help at Jagruti's health clinic.

ii) Ranjana Shrimangale a partially blind girl completed MA and has received a job in State Bank of India . Two blind girls, Pratibha Avsekar & Sapna Tandale supported by 'Jagruti' have received good jobs in Nationalised Banks. They continue supporting girls like them for education.

These and many other students are able to continue their education with the help of educational sponsorships received from philanthropic people.

Balwadi (Pre-Primary School) and Day Care Centre

No. of Beneficiaries in the year :Pre-primary School: 99 No.s

Day Care Centre: 54 No.s

Preprimary schools (Balwadis) are running satisfactorily at Janawadi & Indira Vasahat under trained and experienced guidance of Mrs. Aarti Kavade. Teachers from our primary teachers' training program and helpers from the community are employed to conduct the classes. Yasmin, Prajakta, Anita, Bharati endeavor to nurture happy and healthy learning environment for children. At Indiranagar, Balwadi is efficiently managed by Meena Gaikwad alongwith Yogita Bansode.

Day Care Centre started in 2014 is proving to be very useful for working mothers from the low income communities. Yogini Shinde along with two trained helpers are taking care of children from 9 a.m. to 6 p.m. There is a waiting list of about 30 children for the facility. We are therefore on the lookout for additional premises.

(1) Educational Aids such as charts, colour books, slates, pencils are made available. Children are given nourishing supplementary snacks once a day and special care is taken for undernourished children by giving vitamin supplements.

(2) Jagruti arranged for birth certificates of children, which were not obtained by parents, from Pune authorities. The children were admitted to 1ststd in the nearby prestigious schools.

(3) Children are taught to sing songs, rhymes with action and tell stories. They are taught physical exercises and games. Children can identify Alphabets, Numbers, Colors, Geometric shapes. Children are taken to fruit shops, vegetable vendors and parks. With great fun they easily learn to identify fruits, vegetables, animals and trees. Through group activities, spirit of co-operation and good manners are cultivated amongst them.

(4) For creating awareness of Indian culture, festivals like Palkhi, Gokul Ashtami, Bhondala, Nagpanchami, Raksha Bandhan, Diwali, and Ganesh Chaturthi are celebrated. Flag Hoisting and prize distribution was done on 15th August and 26th January. On children's Day, a picnic was arranged at 'Gajanan Maharaj Udyan'. Children enjoyed playing on slides, swings, sea-saw and lush green lawns. They were delighted to have ice-cream and a small gift. On Ashadhi Ekadashi children and their parents dressed up traditionally and had a dindi (procession). Everyone participated very enthusiastically in the program.

An annual gathering was held on 20th January 2019. Shri. Datta Bahirat presented 'Sumatai Karandikar' the best teacher award for 2017-18 to Arati Kavade and Subhash Bhande. Ideal Balak Palak award was given to Janhavi Jadhav and Shubhra Surve.

(5) Health checks-ups, immunization of MMR, HB and typhoid are done periodically by qualified doctors. De-worming is done regularly. Each child has a health card. Some children were found to have problems with eyes and teeth. They were referred to experts for corrective treatment. Many children are found to be anemic. They are given iron supplements and their hemoglobin level is closely monitored.

(6) Health check-ups are arranged for parents also. Mothers who are anemic are given the necessary treatment. Lectures by experts are arranged on the topics of cultivating healthy food habits and hygienic upbringing of children.

(7) On 27th January 2019, Police Officer Shri. Jogdand from Janawadi Police Chowky gave guidance to parents about taking care of their children from safety and security point.

Vocational Training Program for Needy Women, Girls & Boys **Six month's course in Tailoring and Fashion Designing**

Most of the women completing the six months course became self-supporting and earn about Rs.7,000 to 10,000 per month.

We have a 'Tailoring and Fashion Designing Unit' as an income generation activity for the needy women. Our team under able leadership of Mrs. Trimande, a tailoring master, has been successfully completing orders for embroidered cotton/ silk handbags, mobile holders, greeting cards etc. Yasmin who has got very good skills is of great help in this activity.

Aarogya Sathi Program

No. of Beneficiaries: 432 No.s

In this program, we arrange in-house training for three months at Jagruti and another three months practical training at a renowned hospital. Students who have

completed this course have immediately got jobs in hospitals and clinics. They earn about Rs.7,000 to 18,000 per month. Mangala Patil is organizing these programs very efficiently and enthusiastically. Sister D'souza and Sister Nirmala Tambat are imparting excellent theory and practical training. Dr. Sunita Soman & Dr. Shilpa Patil are conducting the programs very efficiently. Dr. Mangala Telang, Dr. Madhuri Joshi, Dr. Sarita Kakatkar also give valuable guidance as guest lecturers. Jyotsna Nagarkar from Dubai took a special personality development program when she was in Pune. The program is conducted in collaboration with SVP (Social Venture Partnership), Pune. SVP members regularly visit the classes and give valuable suggestions and encourage participants. Besides various low income communities in Pune we are also conducting the program in nearby remote villages like Karle, Shilataane, Salgaon, Kacharewadi, Bhigwan, Khairewadi, Chikhalse, Baur, Kondwadi, Pimpaloli, Waksai, Devghare, Vawoshi. Dr. Mutha & Mr. Bhande are very ably managing the classes.

Aya (Nurse Aid) Training

No. of Beneficiaries: 63 No.s

The training was conducted at Janawadi, Wadarwadi and Indira Nagar communities in Pune. They are given basic practical training to work as bedside assistants in hospitals and at home by trained nurses. They are now earning monthly income of about Rs.7,000 to 18,000 per month.

Basic Beautician's Course

No. of Beneficiaries : 27 No.s

Mrs. Vidyut Pawagi, an expert and experienced beautician is giving three months training to the needy girls. They start earning about 5,000 to 21,000 per month by working in a parlour or by home visits.

Supplementary Programs

Entrepreneurship Development Program for Women

No. of Beneficiaries in the year: 45 No.s

This is arranged in collaboration with 'INDSEARCH', a reputed Cost and Management Training Research Institute. Women having small or tiny business participated in the program. HRD, Marketing, Costing, Bank Finance were the main topics covered under this training. Prof. Ashwini Joshi is efficiently conducting the program under able guidance of Dr. Ashok Joshi, Director of INDSEARCH. This year the program was conducted on 20th and 21st October 2018

Hirkani Yogana

No. of Beneficiaries in the year: 124

We are giving financial assistance and guidance to needy women from the community to meet their personal and entrepreneur needs. Women are very happy for being released from clutches of private moneylenders charging exorbitant interest. They have established their tiny enterprises very well and are trying to expand the activity with bank loans. It is encouraging to note that repayments are made in time without any default.

Counseling and Support Center

This is very efficiently managed by our trustee and community based social worker Ms. Mangala Patil. When necessary, the cases are referred to the expert panel consisting of Doctor, Lawyer, Chartered Accountant and Bank Manager.

Cases handled :Twenty-seven

Dowry cases: Five. Marital Discord:Nine, Financial Disputes about Movable and Immovable Properties: Thirteen.

Rajashree Kare, our past student who has completed LLM and who is now practicing lawyer has started 'Legal Aid' centre at Jagruti. The facility is proving to be very useful for the community. Adv. Rajashree Kare, our past student and Adv. Rajshree Adsul residing very close to Jagruti community centre at Jarwadi are giving valuable help in running 'Legal Aid' centre for community people.

A program to familiarize women of their rights and women's protection laws for violence against women was organised by Jagruti. Chief of Chaturshrungi Police station PSI Dayanand Dhome spoke on the occasion. Nearly two hundred and seventy women attended this program.

On 12th March 2019, Assistant Police Commissioner of Pune, Shri Bhanupratap Barge conducted two hour interactive session with community people about the newly started initiative Bharosa (confidence) cell by Maharashtra Police. He informed that basic purpose of the activity is to give immediate help and protection to distressed women and old people. He explained in detail the procedure and modus-operandi of the new initiative and answered various queries raised by the community people who attended the program in large number.

Sasta Sale

'Sasta Sale' (Garage Sale) of clothes, utensils and other household items are organized in slums at very cheap rates. Community people look forward to these sales as buying the above items of day-to-day needs at market price is beyond their reach. Amounts thus collected are earmarked for providing educational material e.g. notebooks, books to the children attending our support education classes.

Health Care Centre at Janawadi, Janata Vasahat.

No. of Beneficiaries in the year: about 9,000 No.s

This is managed by qualified and experienced lady doctors Ms. Sunita Soman (M.D.), Dr. Ashwini Telang (M.B.B.S, D.A.), Dr. Madhuri Joshi (M.B.B.S.). The clinic works from 11 a.m. to 2 pm. Medicines and injections are given at very nominal charges. The doctors are assisted by our social worker and a trained helper.

Patients requiring further investigations or surgical interventions are directed to Manav Seva Kendra at Sassoon Hospital where personalised help and attention is given and if necessary at other hospitals who on Jagruti's referral charge nominally.

Family Planning

This is one of major focus areas of Jagruti activities.

Awareness programs about the need, methods and advantages of family planning are continuously conducted for men, women, young girls and boys. Many women with one child or two daughters are coming forward for family planning operations from all communities. However, response from men is not very encouraging. Gupte Hospital, Dalvi Hospital, Ratna Memorial Hospital and Family Planning Association Pune is giving valuable help.

Other Health Care Programs

(1) Pathological Laboratory & Diabetic Clinic is established with the help of Diabetic Association of India, Pune. We have about nine hundred patients registered with us who are provided medicines and insulin and other health care facilities. As a result their diabetes is under control and they are leading active life. We are thankful to Dr. Ramesh Godbole for his help in this regards.

(2) Eye checkup camps and General Health check-up camps are conducted regularly. Cataract and other surgical procedures are conducted at Dr. Kelkar's National Institute of Ophthalmology. We are thankful to Dr. Kelkar and his team for this help and also Lion's club of Deccan Gymkhana.

(3) Dental checkup was conducted by dr. Kshitij Chavan on 15th October 2018 and required dental procedures were done wherever necessary.

(4) DOT centre: The Pune Municipal Corporation gives medicines for the DOT centre. Yasmin Shaikh personally supervises administration of medicines of medicine to each patient ensuring good reports of improvement. If patients are left to take medication at home they are erratic which results in poor treatment outcome. Thirteen out of Twenty Three patients have been fully cured. Ten patients are responding well to medication.

(5) Immunization of Hepatitis B, Typhoid, Cholera, Polio & Rubella is regularly done at Valdivadi, Janawadi, Indiranagar and nearby rural areas. On 6th October 2018, Swine Flu immunization was done for all staff.

(6) Programs by way of lectures, slide presentations, display of posters, discussions are conducted on hygiene, cleanliness of environment, alcoholism, addictions to gutka, tobacco, drugs and on sex education at various community schools for adolescent boys and girls.

(7) Physiotherapy centre is receiving very good response from community people. Dr. Abul Jawan from Ratna Hospital is giving the treatment and also trained our staff.

Rainbow of Friendship (Maitriche Indradhanushya)

This program launched last year is receiving good response from schools, parents and students. Anita and Bharati, specially trained for the purpose under able guidance of Dr. Mohan Des have covered many schools and colleges. The program sensitizes adolescents about different aspects of friendship and thereby imparts sex education. During two days program Mrs. Nandita Jadhav from Andhashraddha Nirmulan Samittee conducted a session about blind faith with some interesting demonstrations.

Snehalaya facility

No. of beneficiaries in the year: 40 No.s

We take full care of needy and deserving girls from rural poor families, unable to pursue higher education in spite of having the necessary merit and desire. We provide medication, educational help, a place within reach of many prestigious educational institutes. Admissions are given on the basis of need and merit for pursuing higher education and vocational courses.

Most of the parents are marginal farmers or farm labourers. Some of the girls are given honorarium for teaching in our support education classes under our 'Earn & Learn' program. Seven visually challenged girls are also staying in the Snehalaya. They are very happy with the facilities and call it 'Home away from Home'.

Jagruiti wishes to acknowledge the continued support from all donors and well-wishers, which has enabled us to reach this far and look beyond.