

# ACTIVITY REPORT

2019-20



## जागृती सेवा संस्था

सावित्री, ८२३/क, प्रा. वा. गो. काले स्ट्रीट,  
भांडारकर इंस्टिट्यूट रस्ता, पुणे - ४११ ००४.  
फोन : ०२०-२५६५४९३८ / २५६५५३०२



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## Jagruti Seva Sanstha

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### **HIGHLIGHTS OF ANNUAL ACTIVITY REPORT 2019-20**

We are pleased to place the activity report 2019-20 before our donors, supporters and well-wishers.

Many of our activities have been expanding in scope and size and we are able to add few new activities also. This has been possible due to continuing support of our donors. We are extremely grateful to them.

SVP Philanthropy Foundation Pune Chapter

Alka Bali (UK)

Vishwas Kale

Neela & Ashok Ranade(US)

Samir & Sheena Ranade(US)

Friends of Jagruti-Canada

We would like to highlight a few areas where we have commenced work and have made progress. As a part of reaching out to rural areas, we have started a **Mobile Clinic** which gives medical help to about 50 villages in the remote areas of Maval Taluka. A team consisting of a doctor, a trained nurse cum counselor, and a driver cum assistant from our Health facilitator programs go with the clinic. Medication is dispensed on the spot and in case of emergencies patients are taken to the Hospital. Community has appreciated this activity which is proving to be very useful to them.

Our Health care activities and clinic at the community centre at Janawadi are well managed by Dr. Sunita Soman, M.D. along with Dr. Mangala Telang M.B.B.S,DA and Dr. Madhuri Joshi M.B.B.S. Preventive health care and family planning are our thrust areas. 'Arogya Sathi' (Health facilitator) program under vocational training is well established and besides low income communities in Pune we are also conducting outreach program in many rural areas.

An educational campaign started '**Maitriche Indradhanushya**' (**Rainbow of Friendship**) is receiving excellent response from schools, parents and students. This is an initiative to give correct perspective about physical changes, relationships, friendship and love to adolescents through a dialogue between students, teachers and experts. This would enable the young to grow up being healthy, loving and responsible adults.

Under our Educational Programs, we have day care Centre, preprimary schools, support education classes, hostel facilities and scholarship programs for students perusing higher education. SSC results are 100% and all school children have advanced to higher grades. Some of the educational activities at the community centre had to be suspended due to Covid-19 virus lockdown.

During the Covid-19 pandemic, we have taken the following initiatives.

- 1) Poor families on daily wages (No.243) including 21 No.s blind families were helped with essential grocery which can sustain them for about 3 months.
- 2) Clinic at Janawadi and the mobile clinic in Maval Taluka were getting extra flow of patients. Medicines, tonics and some vitamin tablets for increasing immunity, masks, sanitizer, and PPE kits to help professionals were provided.
- 3) Through pamphlets and one to one counselling by trained health facilitators, awareness is created about preventive care. We wish our donors and supporters the best during this crisis and look forward to commencing the activities soon.

The activities are running satisfactorily due to concerted efforts of Mangala Patil, Rekha Bidkar and the entire team of Jagruti.

Managing Committee is grateful to all donors and look forward to their valuable support and guidance.

***Support Education and Self Development Program  
For Slum Children***

Beneficiaries in the year: 180 Nos

Yogita Patil, an experienced and qualified Mathematics and Science teacher is conducting the activity with the help of Anita Gaokare, Suryaprakash Lahade and Vaishali Sapkal, Vidya Pawar and Bharati Kalal.

Jagruti endeavors to arrest school dropouts by running support education classes. It also conducts programs for all round development of these children so as to imbibe in them good values, habits and develop their skills.

Students performed well in school and board examinations. Corporation schools have conveyed special thanks to Jagruti teachers and volunteers who have taught subjects like Mathematics, Science and English with innovative methods. We provide well-equipped library and study room facility. Special efforts are made to improve written and spoken English skills. They are provided with a daily nourishing snack and are given educational material like English dictionary, a compass box and a set of question papers.

The good marks scored by children from class 1 to 9 in their annual examinations were appreciated by their parents. Children who pass SSC/HSC examination with good marks and show interest in studies are given full educational support for higher studies with financial help received from philanthropic people. Their progress is continuously monitored and their difficulties regarding education, accommodation, family problems are looked into and are sorted out. Presently nine girls and fourteen boys receive help under the program for higher education.

Various presentations and discussions were arranged on the topics related to superstitions, women's rights, gender bias, population growth, environment etc.

Jagruti supports bright students for higher education after passing school exams. These students are able to continue higher education with the help of educational sponsorships received from philanthropic people.

Many boys and girls supported for higher education have completed engineering and Medical courses. They are now helping students at Jagruti.

### **Snehalaya Facility**

Beneficiaries in the year: 27 Nos

We take full care of needy and deserving girls from rural poor families, unable to pursue higher education in spite of having the necessary merit and desire. We provide medication, educational help, and a place within reach of many prestigious educational institutes. Admissions are given on the basis of need and merit for pursuing higher education and vocational courses.

Most of the parents are marginal farmers or farm labourers. Some of the girls are given honorarium for teaching in our support education classes under our 'Earn and Learn' program. Five visually challenged girls are also staying in the 'Snehalaya'. They are very happy with the facilities and call it 'Home away from Home'.

Efforts are made to seek sponsors for their educational expenses.

### ***'Little Champ' Balwadi (Pre-primary School) and 'Nest' Day Care Centre***

Beneficiaries in the year :Pre-primary School:108 No.s Day Care Centre:45 Nos

### **Pre-primary Schools (Balwadis)**

Morning and afternoon batches of Balwadis are running satisfactorily at Janawadi under trained and experienced guidance of Ms. Aarti Kavade.

Teachers from our primary teachers' training program and helpers from the community are employed to conduct the classes. Yasmin, Prajakta, Anita, Bharati endeavour to nurture happy and healthy learning environment for children.

### **Day Care Centre**

This activity commenced in 2014 is very helpful for working mothers. Yogini Shinde along with two trained helpers are taking care of children from 9 a.m. to 6 p.m. There is a waiting list of about thirty children for the facility. We are therefore on the lookout for additional premises.

(1) Educational Aids such as charts, colour books, slates, pencils are provided as needed. Children are given nourishing supplementary snacks once a day and special care is taken for undernourished children by giving vitamin supplements.

(2) Jagruti arranged for birth certificates of children, which were not obtained by parents, from Pune authorities. The children were admitted to 1<sup>st</sup> std in the nearby school.

(3) Children are taught to sing songs, rhymes with action and tell stories. They are taught physical exercises and games. Children can identify Alphabets, Numbers, Colors, and Geometric shapes. Children are taken to fruit shops, vegetable vendors and parks. With great fun they easily learn to identify fruits, vegetables, animals and trees. Through group activities, spirit of co-operation and good manners are cultivated amongst them.

(4) For creating awareness of Indian culture, festivals like Palkhi, Gokul Ashtami, Bhondala, Nagpanchami, Raksha Bandhan, Diwali, and Ganesh Chaturthi are celebrated. Flag Hoisting and prize distribution was done on 15<sup>th</sup> August and 26<sup>th</sup> January. On Ashadhi Ekadashi children and their parents dressed up traditionally and had a dindi (procession). Everyone participated very enthusiastically in the program.

(5) Health checks-ups, immunization of MMR, HB and typhoid are done periodically by qualified doctors. Deworming is done regularly. Each child has a health card. Some children were found to have problems with eyes and teeth. They were referred to experts for corrective treatment. Many children are found to be anemic. They are given iron supplements and their hemoglobin level is closely monitored. Health check-ups are arranged for parents also. Mothers, who are anemic are given the necessary treatment. Lectures by experts are arranged on the topics of cultivating healthy food habits and hygienic upbringing of children.

(6) Parents meetings are regularly conducted. One to one counselling with parents by teachers is done and detailed progress report of each child is given every month.

(7) An annual gathering of all children from Day Care, Balwadi and Support Education was held on 12<sup>th</sup> January 2020. 'Sumatai Karandikar- The Best Teacher award' was presented to sister D'souza and Yogini Shinde jointly at the hands of chief guest Barbara Young, founder of Friends of Jagruti, Canada. Shri. Mukund Sheorey, Shri. Datta Bahirat graced the occasion. Children presented variety entertainment program of dance and music.

### ***Vocational Training Program for Needy Women, Girls and Boys***

#### **Six month's course in Tailoring and Fashion Designing**

Beneficiaries in the year: 1080 Nos

A batch of eighteen girls and women attends the course in the age group of seventeen to thirty-five years. Most of the women completing the program became self-supporting and earn about Rs 7,500 to Rs 11,000 per month.

We have a 'Tailoring and Fashion Designing Unit' as an income generation activity for the needy women. Our team under able leadership of Mrs. Trimande, a tailoring master, has been successfully completing orders for embroidered cotton and silk handbags, mobile holders, greeting cards etc. Yasmin who has good skills is of great help in this activity. This year in March 2020, cotton masks were stitched and distributed to the needy for preventive care of Covid-19.

## **Aarogya Sathi (Health Facilitators) Program**

In this program, we arrange in-house training for three months at Jagruti and another three months practical training at a renowned hospital. Students who completed this course have immediately been employed in hospitals and clinics. They earn about Rs 9,000 to Rs 18,000 per month. Mangala Patil is organizing these programs very efficiently and enthusiastically. Sister D'souza, an experienced and qualified nurse is imparting excellent theory and practical training.

Dr. Mangala Telang, Dr. Madhuri Joshi, Dr. Sarita Kakatkar also give valuable guidance as guest lecturers. Jyotsna Nagarkar from Dubai took a special personality development session when she was in Pune. The Aarogya Sathi program is conducted in collaboration with SVP (Social Venture Partnership), Pune. SVP members regularly visit the classes and give valuable suggestions and encourage participants. Besides various low income communities in Pune we are also conducting the program in nearby remote villagers like Mohitewadi, Vadagaon Maval, Brahmanwadi, Kusgaon, Yelse. Dr. Mutha and Mr. Bhande are very ably managing the classes. Many of the trainees get employment in renowned hospitals and clinics.

We are able to scale up the program for larger outreach in rural areas due to ongoing support received from SVP (Social Venture Partners) Pune.

## **AYA (Nurse Aid) Training**

The training was conducted at Janawadi, Ramoshiwadi, Wadarwadi, Khadaki. They are given practical training to work as bedside assistants in hospitals and at home. They earn about Rs.500 to Rs 700 on daily basis for one shift of 12 hours.

## **Computer Training**

Students were sent to one month basic training program in computers to renowned institutes like MKCL.

## **Supplementary Programs**

Beneficiaries in the year: 173 No.s

### **Entrepreneurship Development Program for Women**

This was arranged in collaboration with 'INDSEARCH', a reputed Cost and Management Training Research Institute. Women having small or tiny business participated in the program. HRD, Marketing, Costing, Bank Finance were the main topics covered. Prof. Ashwini Joshi conducted the program under able guidance of Dr. Ashok Joshi, Director of INDSEARCH.

### **Hirkani Yogana**

We are giving financial assistance and guidance to needy women from the community to meet their personal and entrepreneur needs. Women are very happy for being released from clutches of private moneylenders charging exorbitant interest. They have established their tiny enterprises and are trying to expand the activity with bank loans. It is encouraging to note that repayments are made in time.

### **Counseling and Support Center**

This is very efficiently managed by our trustee and community based social worker Ms. Mangala Patil. If necessary, the cases are referred to the expert panel consisting of Doctor, Lawyer, Chartered Accountant and Bank Manager. Most cases are related to dowry demands, marital discord, financial disputes and child abuse.

Programs to familiarise women about their rights and women's protection laws were organized. On 12<sup>th</sup> August 2019 an interactive session was attended by 170 community women and by officials from nearby police station.

### **Sasta Sale**

'Sasta Sale' (Garage Sale) of clothes, utensils and other household items are organized in slums at very cheap rates. Community people look forward to these sales as buying the above items of day-to-day needs at market price is beyond their reach. Amounts thus collected are earmarked for providing educational material such as notebooks, books to the children attending our support education classes.

## ***Health Care Centre at Janawadi, Janata Vasahat***

Beneficiaries in the year: about 18,000 No.s

This is managed by qualified and experienced doctors Ms. Sunita Soman (M.D.), Dr. Ashwini Telang (M.B.B.S, D.A.), Dr. Madhuri Joshi (M.B.B.S.), Dr. Gopal Gavade (M.B.B.B., D.G.O.).The clinic works from 11 a.m. to 2 p.m. Medicines and injections are given at very nominal charges. The doctors are assisted by our social worker and a trained helper.

Patients requiring further investigations or surgical interventions are directed to Manav Seva Kendra at Sassoon Hospital where personalised help and attention is given and if necessary at other hospitals, who on Jagruti referral, charge nominally.

### **Health Care Programs**

(1) Family planning is one of major focus areas of Jagruti activities.

Awareness programs about the need, methods and advantages of family planning are continuously conducted for men, women, young girls and boys. Many women with one child or two daughters are coming forward for family planning operations from all communities. However, response from men is not very encouraging. Gupte Hospital, Dalvi Hospital, Ratna Memorial Hospital and Family Planning Association Pune are giving valuable help.

(2) Pathological Laboratory and Diabetic Clinic is established with the help of Diabetic Association of India, Pune. We have seven hundred and twenty patients registered with us who are provided medicines and insulin and other health care facilities. As a result their diabetes is under control and is leading active life. We are thankful to Dr. Ramesh Godbole for his help in this activity.

(3) Eye checkup camp was conducted on 11<sup>th</sup> August 2019 and spectacles are given where needed. Cataract and other surgical procedures are conducted at Dr. Kelkar's National Institute of Ophthalmology. We are thankful to Dr. Shrikant and Mrs. Aruna Kelkar and their team for the valuable help.

(4) An awareness campaign about reducing female ratio due to female feticide is conducted by holding discussions, presenting street plays and lectures.

(5) Immunization of Hepatitis B, Typhoid, Cholera, Polio and Rubella is regularly done at Vaiduvadi, Janawadi, and Indiranagar and nearby rural areas.

(6) Programs by way of lectures, slide presentations, display of posters, discussions are conducted on hygiene, cleanliness of environment, alcoholism, addictions to gutka, tobacco, drugs and on sex education at various community schools for adolescent boys and girls.

(7) Physiotherapy centre is receiving very good response from community people.

### **‘Maitriche Indradhanushya’ (Rainbow of Friendship)**

Beneficiaries in the year: 702 No.s

We have launched an Educational Campaign to provide a platform for a dialogue between teachers, parents and adolescents on the subject of ‘Physical changes, Physical Relationships, Friendship and Love.’ This was necessary, as we observed that adolescents got all kind of information and value perspective on this subject through mobile, media etc. which is not only inadequate but wrong and leads to behavior which is physically and psychologically harmful.

Our trained volunteers conduct initial four days workshop for 7<sup>th</sup> & 8<sup>th</sup> Std. students and then their trained teachers take it forward. Dr. Mohan Des an expert in the field gives his valuable guidance.

We have been scaling up the programs to cover semi urban and rural schools. We trust, this would correctly educate the young to become healthy, loving and responsible adults.

## **Mobile Clinic**

Beneficiaries in the year:17,100 No.s

Jagruti's health facilitators working in the rural areas of Kamshet faced the paucity of health care facilities and experienced its serious implications. The need was therefore felt for a mobile clinic. This was started on 9<sup>th</sup> May 2019 with the base at Kamshet. It visits five rural centers at Karanjgaon, Wadar, Momarewadi, Brahmanwadi and Gadewadi. At each centre patients from nearby about ten villages visit the clinic. Thus in all the reach out is for 50 villages in the rural areas. Mobile dispensary with full time driver, one lady health facilitator and medical doctor visit the villages and examine and dispense the medicines and take them to nearby hospitals in emergency. The facility is proving to be very useful for rural patients.

***Jagruti wishes to acknowledge the continued support from all donors and well-wishers, which has enabled us to reach this far and look beyond.***

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